- 55. The system according to claim 54, wherein said processing means is further capable of storing a predetermined target value and a series of questions.
- 56. The system according to claim 55, wherein said processing means is further capable of comparing a sensor measured physiological parameter with said predetermined target value to determine a variance.
- 57. The system according to claim 55, wherein said processing means is capable of accepting and storing a new predetermined target value and series of questions from said remote monitoring system.
  - 8. The system according to claim 54, wherein said interrogation means further comprises at least one of a keyboard, a plurality of buttons and a microphone.
- 59. The system according to claim 54, wherein said communication means comprises at least one of a modem, a serial interface, a LAN connection and a wireless transmitter.
- 60. A patient interface system for use in collecting and transferring data from a patient suffering from a cardiac associated disease to a remote monitoring system, said system comprising:
  - (a) a patient data input and data receiving means comprising:
    - (i) a sensor means comprising monitoring unit for monitoring a physiological parameter and producing a measurement, and
    - (ii) an interrogation means comprising a means for creating visual and audio signals;
  - (b) a processing means capable of:
    - (i) receiving and storing data from said patient data input means;
    - (ii) storing a predetermined target value and a series of questions;

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- (iii) comparing said sensor measured diagnostic parameter with said predetermined target value to determine a variance; and
- (iv) accepting and storing a new predetermined target value and series of questions from said remote monitoring system; and
- (c) a communication means capable of transferring said patient data from said processing means to a remote monitoring system and receiving instructional data from said remote monitoring system.
- 61. The system according to claim 60, wherein said interrogation means further comprises at least one of a keyboard, a plurality of buttons and a microphone.
- 62. The system according to claim 60, wherein said communication means comprises at least one of a modem, a serial interface, a LAN connection and a wireless transmitter.
- 63. A method for collecting and transferring data from a patient having a condition to a remote monitoring system, said method comprising:
  - (a) obtaining a weight measurement with a monitoring unit for monitoring a physiological parameter and producing a measurement;
  - (b) processing said measurement with a processing means; and
  - (c) transferring said processed measurement with a communication means to the remote monitoring system.
- 64. The method according to claim 63, wherein said processing comprises comparing said measurement with a predetermined target value to determine a variance, wherein said processing means stores said predetermined target value and a series of questions.

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